EXCHANGE CHAMBERS

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Niamh Leong

Call 2024

Clerks

Kate Masher
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0151 305 3398

Appointments

Grade One CPS Panel Advocate

Memberships

The Honourable Society of Gray's Inn

The Northern Circuit

Education

BSc Biochemistry, University of Birmingham (First Class Honours)

Post Graduate Diploma in Law, The University of Law (Distinction)

Bar Practice Course, The University of Law (High Distinction)

Overview

Niamh was called to the Bar by the Honourable Society of Gray's Inn in November 2024, having received scholarships from Gray's Inn, The University of Law and the Anthony Walker Foundation.

Niamh commenced a criminal law pupillage in September 2025 under the supervision of Steven Swift and Fiona McNeill. She began taking her own instructions in March 2026.

Throughout her first six months of pupillage, Niamh has spent time observing and contributing to a wide range of cases in the Crown Court. Examples include:

- Murder and attempted murder;
- Rape and serious sexual offences;
- Driving offences;
- Drug offences;
- Offences against the person.

Niamh has attended a number of conferences at a variety of stages of proceedings and drafted several pieces of advice. Niamh's drafting experience includes:

- Advice on evidence;
- Legal applications;
- Advice on appealing sentence including an advice upon the merits of a reference to the Attorney-General.

Before the Bar, Niamh studied Biochemistry at the University of Birmingham. Following her university education, Niamh worked within the Large Loss team at Weightmans where she assisted in high value personal injury cases representing defendant insurance companies. Niamh dealt with large volumes of medical evidence throughout her time at Weightmans, utilising the skills she developed from her science undergraduate degree.

Scholarships

Deans Award for Excellence for the Bar Practice Course, The University of Law

Ellice Aylmer Scholarship for the post Graduate Diploma in Law, Gray's Inn

Beryl Cooper Scholarship for the Bar Practice Course, Gray's Inn

Ann Goddard Scholarship for Pupillage, Gray's Inn

Anthony Walker Bursary Recipient, Anthony Walker Foundation and Crown Prosecution Service

Niamh is passionate about increasing diversity at the Bar and widening accessibility. She regularly seeks to volunteer her time to further these aims whether that be through volunteering with the Young Citizens charity or speaking at schools about a career at the Bar.

Beyond the Bar

Niamh is a keen netballer having played both the women's and the mixed game. In 2024, Niamh helped to establish a mixed netball club which has gone from strength to strength and earnt an admirable national placing. Niamh is now Club Secretary and enjoys contributing to the club's development.

Niamh also enjoys visiting the theatre, supporting her local super league team Manchester Thunder, playing the piano, going to the gym and hiking.