



Benjamin Myers KC

Call 1994 | Silk 2014



Clerks

 Nick Buckley
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Appointments

- Master of the Bench – Honourable Society of the Inner Temple
- Deputy Head of Chambers, Exchange Chambers

Memberships

- Northern Circuit
- Criminal Bar Association
- Fraud Lawyers Association
- JUSTICE

Education

- LLM – International and European Human Rights Law (Distinction) – University of Leeds
- BA – Joint Honours – University of Leeds

Regulatory

Benjamin Myers KC specializes in Business and Financial Crime, General Crime, Regulatory Law and Professional Discipline. Described as ‘brilliant’, ‘extremely astute’ ‘a superb jury advocate and lawyer’ with ‘an exceptional ability to digest complex cases’, he appears in courts and tribunals across the country and is ranked at the top of his field in crime and financial crime in Chambers Guide to the Legal Profession and in the Legal 500.

Ben provides advice and representation from the earliest stage of investigations and proceedings. He deals with investigations by the CPS, the SFO, the OFT and other agencies and regulatory bodies. He is experienced in leading large teams in substantial, complex and sensitive cases, many of which have a high public profile. His work includes judicial review, privacy and media-related applications. He has a wide experience of appellate work and provides advice and representation on appeal.

Ben has been shortlisted as the Criminal and Extradition Silk of the Year in the Legal 500 Awards 2024.

He has provided advice and representation in relation to the Hillsborough tragedy and is currently providing advice in relation to Grenfell Tower.

Recommendations

“Benjamin is an exceptional advocate who is able to effectively communicate to judges and juries alike. His natural talent to communicate is supported by his work ethic and his tactical brilliance, and he is a barrister who thinks deeply about tactics, and because his judgement is second-to-none, he always makes the right choice.”

The Legal 500 2025

“Ben is quite simply one of the best practitioners around. He is outstanding in terms of planning out his strategy for a case and then executing this through his advocacy.”

“An outstanding advocate, he is extremely hard-working, easy to work with and has great client care.”

“Ben is a master tactician. He is able to understand complex issues and explain them to clients in simple terms. He is very good with juries and has an excellent manner with judges and clients.”

“He is absolutely phenomenal and his attention to detail and work ethic are off the scale. His tactics in advocacy are absolutely top-drawer.”

“He has fantastic client care and is very thorough in the preparation of his cases. He can go into the detail of complex cases and communicates very well.”

Chambers and Partners 2025

Ben has been ranked consistently as a leading practitioner in crime in Chambers Guide to the UK Legal Profession and in the Legal 500.

“Ben is exceptionally hardworking and time and time again masters the most serious and complex technical information. In terms of advocacy, Ben is a true heavyweight of the Bar and with good reason, as he is able to bear the immense pressure of some of the most daunting and distressing cases brought before the courts with unwavering professionalism and integrity.”

The Legal 500 2024

“He is a superb jury advocate and lawyer.”

“He is astonishingly hard-working and on top of the detail.”

Chambers and Partners 2024

“Ben is a premier league silk who has prosecuted and defended many of the gravest criminal cases to come before the English courts. He has an exceptional eye for detail and pursues his client’s case with vigour and integrity. He has an outstanding ability to explain complex legal and factual matters with seemingly effortless simplicity to judges and juries alike.”

The Legal 500 2023

“Benjamin is very professional and conscientious and fights hard for his clients.”

“He is absolutely excellent.”

“He is extremely intelligent and excellent in court.”

Chambers and Partners 2023

“He is phenomenally hard-working and inspires confidence in his clients and solicitors.” “He is down to earth and will leave no stone unturned in the defence of his clients.” “He is brilliant.”

The Legal 500 2022

“He has an exceptional ability to digest complex cases, nothing is too much.”

The Legal 500 2021

“He is first rate – he has a good manner with clients and is very attentive and thorough in difficult circumstances.” “His preparation and his court manner are absolutely brilliant.” “He is absolutely excellent – approachable and conscientious.”

“He is well respected, a very safe pair of hands and a very pleasant advocate.”

Chambers and Partners 2021

“A very impressive silk who can handle difficult clients in very serious cases extremely well.”

Chambers and Partners 2020

“One of the most highly regarded young silks on the circuit. His client manner and meticulous preparation stand out.”

“He’s a wonderful advocate and very well organised.” “He is extremely astute and puts clients at their ease.”

Chambers and Partners 2019

“Very popular with clients and has an excellent rapport with juries.”
“He is a really good technical lawyer and jury advocate – what more do you want?”

“Ben is excellent, professional and very good with clients. He is affable and experienced.”

“He treats clients with respect rather than being aloof.”
Chambers and Partners 2018

“An excellent lawyer with great courtroom skills.” “He is a proper charismatic performer and comes across as genuine and thoughtful.”
Chambers and Partners 2017

“He has an exceptional ability to digest complex cases, nothing is too much.”
The Legal 500 2020

“A brilliant silk.”
The Legal 500 2017

“An exceptionally gifted lawyer – a fearsome advocate, incredibly conscientious and hardworking.”

“He really goes above and beyond the call of duty.”
The Legal 500 2016

“Highly regarded for his expertise in a wide range of serious crimes and is experienced in appellate matters.”
The Legal 500 2015