Zarreen Alam-Cheetham

Call 2017

Clerks

Kate Heald
0113 203 1983

Sara Baxter
0113 203 1970

Zoe Tinnion
0113 518 2599

Appointments

Grade 3 CPS Panel Advocate

Memberships

Criminal Bar Association

Honourable Society of Gray's Inn

Education

The University of Manchester – Law degree – 2.1

BPP University – Bar Professional Training Course – Very Competent

Scholarships and Awards

Winner of the inaugural 'Advocate of the Month' Award at Quest Legal Advocates (November 2018)

Police Law

Zarreen was called to the Bar in 2017. She became a tenant of Exchange Chambers in January 2023 following the successful completion of her common law pupillage.

Zarreen has represented officers in criminal courts across the country.

Cases

R v SB – represented a police officer in the sentencing hearing whereby she received a fine and disqualification for driving over the prescribed limit.

Recommendations

"Thank you, an exceptional result" – instructing solicitor

'Excellent representation, and highly recommended. Zarreen is very knowledgeable, and experienced in her field, and gave me hope of some justice. The case was discontinued in court!'

'I'm writing to say thank you for Zarreen's help who managed to provide me with a result that I am extremely happy with. I'd like to say that Zarreen was very professional but also very calming towards myself which put me in the right mindset when standing before the judge's. Once again a big thank you to her.'

'I'm writing to say thank you to Zarreen. She was magnificent. I have already praised her to my family and work colleagues. Once again thank you very very much for Zarreen representing me in court.'

St Pauls Chambers Bad Character Application Competition Prize Winner (2016)

Student Distinguished Contribution Award for my role as President of the Legal Advice Centre Society at The University of Manchester (2015)

Performance Award Scholarship following my plea in mitigation, drafting of an opinion and interview to study the BPTC at The University of Law (2015)

Beyond the Bar

Zarreen enjoys keeping fit.
Prior to coming to the Bar she worked as a freelance model.
Zarreen is an advocate for diversity at the Bar.