

Laura Gooding

Call 2001



Clerks' Details

- Ben Kierman
- 0151 242 8855

Memberships

- Northern Circuit
- Personal Injury Bar Association
- Lincoln's Inn

Appointments

- Deputy District Judge (2019)

Education

- Bury Grammar School (1982 - 1996)
- BA Philosophy & Theology, Mansfield College, University of Oxford (1999)
- CPE Law, City University (2000)
- Bar Vocational Course, Inns of Court School of Law (2001)

Military Injury Claims CV

Overview

Recommended by the Legal 500 for her “*niche expertise in military personal injury claims*”, Laura is a talented junior with a substantial practice in this area.

Laura has significant experience of acting and advising in a wide variety of claims involving the Armed Forces. These include liability disputes in respect of all types of injuries sustained in the course of service and complex disputes over quantum in such cases. She is also highly experienced in Armed Forces Compensation Scheme claims.

Cases

Ongoing – Advising and drafting skeleton arguments in a case where the Appellant suffered multiple injuries as a result of an accident which occurred when he was competing in a motorcycle race with the Army Endurance Team.

Ongoing – Advising in respect of a traumatic spinal injury and subsequent psychiatric injury sustained during a training exercise.

Butcher v Secretary of State (Veterans UK) – The Appellant suffered a traumatic back injury whilst training. Successfully appealing an award of £10,000 substituted for a more severe traumatic back injury tariff in addition to a percentage G. I. P. to compensate for long term loss of earnings capacity, pension and loss of promotion prospects. Total award in excess of £440,000.

Toms v Secretary of State (Veterans UK) – The Appellant suffered from severe P.T.S.D. Successfully appealing an award of £10,000 substituted for a maximum award for permanent mental disorder plus G.I.P. to compensate for long term loss of earning capacity, pension and loss of promotion prospects. Total award worth £1.3 million.

Holroyd v Secretary of State (Veterans UK) – The Appellant suffered a significant brain injury following a violent attack in barracks by a fellow soldier.

Clarke v Secretary of State (Veterans UK) – The Appellant suffered a significant back injury during a training exercise.

Ch v Secretary of State (Veterans UK) – The Appellant suffered blast injuries including a significant fracture to his spine when his vehicle drove over an IED.

Sh v Secretary of State (Veterans UK) – The Appellant suffered blast injuries including a brain injury when his vehicle drove over an IED.

Recommendations

‘Laura is a very measured and persuasive advocate. She relates well to clients and can really wring the best out of any case. She has a niche and unusual specialty in claims under the Armed Forces Compensation Scheme.’

The Legal 500 2023

“Laura is extremely approachable and able to provide advice which is easily digestible and clear. She has a good awareness of commerciality of claims when advising.”

The Legal 500 2022

“Laura provides an approachable and prompt service with clear, understandable advice. She is engaging and happy to discuss matters at convenience.”

The Legal 500 2021

“Friendly, approachable and responsive counsel.”

The Legal 500 2020

“She has niche expertise in military personal injury claims.”

The Legal 500 2018/19

Beyond The Bar

Away from work, Laura enjoys outdoor pursuits such as running, walking, skiing and climbing.

Laura ran the Liverpool Marathon raising funds for charity in 2011 and successfully climbed Mount Kilimanjaro, Tanzania 2009.

Since her undergraduate studies Laura has retained a keen interest in animal ethics and has been appointed as a Fellow of the Oxford University Animal Ethics Society.